

GET THEIR YA YA's OUT!



Contact: Laura Kelly, Marketing and Outreach Manager (415) 272-6939

Principal Instructions --- 5 EASY STEPS! Walk & Roll Recess Challenge May 2020

The goal of the Recess Challenge is to build a sense of school spirit and unity during this time of separation by providing a fun activity to boost physical and mental health for students.

Here's how:

1. **FIRST:** Please read our Parent Instructions to understand the challenge (see attached document).
2. **IF participating, then please email Laura Kelly at laura@marinbike.org by Tuesday, April 28.** We will then reserve your school's cash gift of \$125 to be used for a fun school wide prize. Please call Laura Kelly at (415) 272-6939 if you need more assistance with a fun school prize (three were suggested in my e-mail to you).
3. **INFORM** your PE teacher about the Walk & Roll Recess Challenge so they can encourage students to partake.
4. **SEND** an e-mail to all parents on Wednesday, April 29 (or any day that works for you next week) and attach the following three documents: Publicity Flyer, Parent Instructions and Student "YA YA Points" Log. All English and Spanish docs are on our website.

Here is SUGGESTED text for you to **cut/paste/personalize** any way you like, and then e-mail to parents with our Parent documents next week:

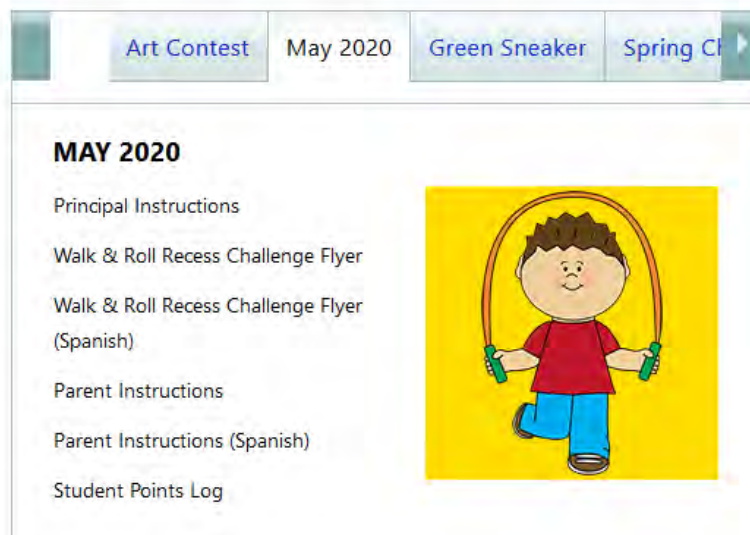
Is your child getting their YA YA's OUT during home recess time?

Our school is participating in a playful and new program called the Walk & Roll Recess Challenge. Students easily track their daily exercise, from skipping rope to biking, in order to earn points for four weeks. Our school starts on May 4th ... including me! I will be doing jumping jacks and cartwheels daily. I hope your child joins the school FUN!

I will send a friendly reminder on the first day of the Walk & Roll Recess Challenge (May 4th) to nudge your child to earn points that goes towards a school prize. (INSERT school prize here). On the last day, we will ask you to send us your child's total points. Please read the attached Parent Instructions to learn how to report total points, and learn more about it.

Last STEP ... #5

On the first morning of the contest, Monday, May 4, please send a reminder e-mail to start the Walk & Roll Recess Challenge. Include the website link to parent documents. Here is our website link: [May 2020 Parent Documents](#).



We look forward to having some FUN with your school in May!