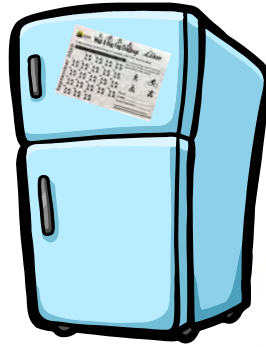


# Walk & Roll Challenge Fall Guidelines

# 2020



1. Grab your card and instruction sheet and place them where you won't lose them!
2. Mark the card with your name, last name, grade and name of school. Your contact information (phone number & email) is really important, so we can find you if you win!
3. On the card, circle the activity you do for each date that you walk, bike, scooter or skateboard. If you do two activities in one day, circle both. If none, leave it blank
4. At the end of the month count the number of times you did each activity



5. Take a picture of both sides of your card and send it to [monica@marinbike.org](mailto:monica@marinbike.org) by Oct. 3, 2020, or mail it to Safe Routes to Schools, 733 Center Blvd, Fairfax CA 94930. Remember the more you exercise, the more chances you have to win



On the back of the card you will find links to educational videos. Answer the question for an additional chance at winning



SAFE ROUTES  
TO SCHOOLS  
MARIN COUNTY

